

35 Good Questions

How are you doing?

What do you appreciate about your life?

How did you turn out so well?

What makes you happy?

What are your hobbies?

Why are you so positive?

What is the most important lesson you've learned about yourself?

How would you describe your personality?

How have you changed in the past year?

How do you want to grow in the coming year?

Why do you like being in relationships?

What made a positive difference in your early years?

How do you deal with interpersonal conflicts?

How would you describe your psychological strengths?

What are some hardships you've overcome?

What do you most enjoy about your life?

What do you like most about yourself?

How do you soothe yourself when you're in pain?

What do you want to improve about your life?

What do you want to improve about your personality/character?

What are your goals for the future?

How can I love you more?

What can I do for you?

What are you seeing that I'm not seeing?

How can we improve our relationship?

What is your opinion?

Where did you learn that?

How do you want to change your current situation?

What will you do if your situation doesn't change?

How will you improve this situation?

What would you do if you had six months to live?

How do you know that?

What happens after you die?